

## These Are The Things

Bella's a Staffie and she can read my mood  
She brings me love and I bring her food  
She knows when I'm happy, knows when I'm sad  
She's the best companion that I've ever had

*These are the things that have lifted my spirits*

I need to step out and see nature some more  
And there are so many new paths to explore  
I forget my worries and get out of my seat  
To where the beat of my feet is my retreat

*These are the things that have lifted my spirits*

This is what I need when times are getting tough  
Creative Directions might just be enough  
To focus my thoughts and bring satisfaction  
To spark some reaction to my distraction

*These are the things that have lifted my spirits*

Who would have though, in these troubled times  
That the simplest of pleasures would ease my mind?  
So I'll nip down the Co-op to fulfil my dream  
Get a big tub of Yorkshire vanilla ice cream

*These are the things that have lifted my spirits*

Now I've got new songs I need people to hear  
but I've not played a concert for nearly a year  
so until its allowed this is all that I know  
the joy of recording in this studio

*These are the things that have lifted my spirits*

They say there's a cure coming round in the spring  
and that's the best present that the new year can bring  
While we're still waiting for that day to arrive  
These are the things that will keep us alive

*These are the things that have lifted my spirits*

