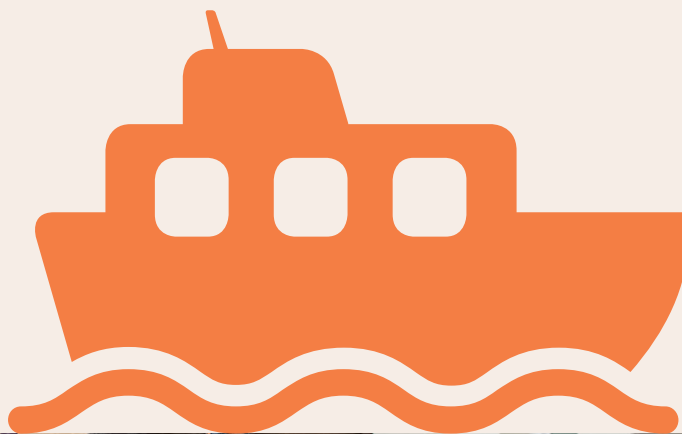


Under the Sea

Splash in the waves and leave footprints in the sand!



tuneful
chatter

darts

How will you get under the sea? You might travel by boat, submarine, or swim.

What will you wear to explore underwater?

What will you take with you?

How will you move underwater? You could swim, dive, paddle or float.

What will you find on the seabed? It could be a treasure chest or dark sea cave.

Useful things to collect:

Bucket/bowl/tray/plastic tubs

Paper/pens/paint

Cardboard boxes/tubes

Kitchen/toilet rolls

Pans/bowls/spoons/colanders/sieve

Clingfilm

Cotton wool balls/sponges/cloths

Paper cups/plates/straws

Blue/green pieces of materials, e.g. blankets/duvets/towels/scarves

Top tips for adults:

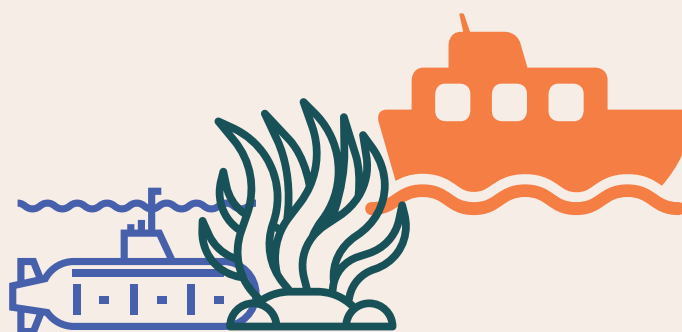
- Talk about what you might see underwater. Name some sea creatures and look for pictures in books if possible.
- Think about any songs/rhymes that you may know about the ocean or sea creatures, e.g. 'One, two, three, four, five, Once I caught a fish alive, Six, seven, eight, nine, ten, Then I let it go again! Why did you let it go? Because it bit my finger so. Which finger did it bite? This little finger on my right!'

'I had a little turtle, His name was Tiny Tim. I put him in the bathtub, to see if he could swim. He drank up all the water, he ate a bar of soap and now he's lying in his bed, with bubbles in his throat. Bubble, bubble, bubble, Bubble, bubble, POP!'

Ideas for your time under the sea:

- Use blue/green material to make waves. Explore big, high movements for crashing waves and small low movements for calm, gentle waves. Paddle on the fabric, stretch your arms in big circles to swim under it and jump or dive through it. You could even lay down, spread out and float!
- Perhaps you are a dolphin or another sea creature. Put on some music and move like that animal. Can you twist, turn, roll or dive? Try moving high and low, fast and slow.
- What sounds might you hear underwater? Make your own music by swishing, blowing and tapping.
- Use a big, deep bowl/bucket. Fill it with water (maybe add some blue food colouring) and put in cooked spaghetti for 'seaweed'. You could make pebble sea creatures to hide or add some ice cubes and watch them melt!
- Create bubbles in your water and add sponges, cloths, soap dispensers, straws and plastic tubs. Squeeze water out of the cloths and sponges and squirt the water to make splashes. You could use straws to pop the bubbles.
- Place different objects in your bowl/bucket and use cups, sieves or a small net to 'fish' things out and see what you can catch!
- Turn a small table or chair upside down and place some toy or home-made sea creatures and sand on the base. Wrap clingfilm around the legs. Use felt tips or paint to add what you might see in this undersea world. Create seaweed swirls and coral patterns.
- Use an empty cereal box or old shoe box to make an underwater aquarium, sticking in pictures and objects to create a scene.
- Decorate paper plates, cups or bun cases to make different sea creatures like jellyfish with tentacles, colourful fish or sea turtles.

Enjoy your underwater adventure!



CAST



City of
Doncaster
Council

